

A HEALTHY JOURNEY.CA PRIVACY POLICY

LAST UPDATE OF THIS PRIVACY POLICY - [March 10, 2020]

BEFORE USING MY SITE, PLEASE READ THIS PRIVACY POLICY CAREFULLY.

This Privacy Policy is applicable to AHealthyJourney.ca (AHJ) and sets out the policy on the gathering and use of information on this site. AHJ is committed to providing safe web sites for visitors of all ages and has implemented this Privacy Policy to demonstrate my firm commitment to your privacy. AHJ complies with Canadian Federal and Provincial privacy laws and regulations including the Personal Information and Electronic Documents Act.

There may be links from AHJ to other web sites; note that this Privacy Policy applies only to AHJ and not to web sites of other companies or organizations to which this Site may be linked. You must check on any linked sites for the privacy policy that applies to that site and/or make any necessary inquiries in respect of that privacy policy with the operator of the linked site. These links to third party websites are provided as a convenience and are for informational purposes only. AHJ does not endorse, and is not responsible for, these linked websites.

Although you are not required to register to access this Site, you may be asked to provide me with personal information when you visit certain sections of this Site. Your use of this Site signifies your acknowledgement and consent to our Privacy Policy. If you do not agree to this Privacy Policy, please do not continue to use this Site. Your continued use of the Site signifies your acceptance of these terms and any changes in effect at the time of use.

COLLECTION OF PERSONAL INFORMATION

Personal Information is information about you that identifies you as an individual, for example, your name, address, e-mail address, or telephone number.

I may collect information that you voluntarily provide to me through questionnaires, feedback, subscription forms and the like.

If any user who receives email from AHJ and would prefer not to receive such communications in the future, he or she can do so by following the clicking the "Unsubscribe" link in the bottom of the emails.

PROMOTIONAL AND INFORMATIONAL OFFERS

With the permission of an online visitor, information submitted at the time of registration or submission may be used for marketing and promotional purposes by AHJ provided notice of this fact is made available online. If a visitor objects to such use for any reason, he/she may prevent that use, either by e-mail request or by modifying the registration information provided. AHJ uses reasonable efforts to maintain visitors' information in a secure environment. If you have submitted personal information and want to change it or opt-out, please contact me as described below.

DISCLOSURE OF INFORMATION

AHJ will not disclose personal information that you provide on this Site to any third parties or agencies without your consent.

COOKIES

AHJ, in common with many web site operators, may use standard technology called "cookies" on its Sites. Cookies are small data files that are downloaded onto your computer when you visit a particular web site. You can disable cookies by turning them off in your browser; however, some areas of the Sites may not function properly if you do so.

ADDITIONAL TERMS FOR CERTAIN WEBSITES

The following additional information applies to the sites that require registration. Generally, you are not required to provide personal information as a condition of using the Sites, except as may be necessary to provide you with a product or service that you have requested.

PROTECTION OF INFORMATION:

My Commitment to Security

I have put in place electronic, and managerial procedures to safeguard and help prevent unauthorized access, maintain data security, and correctly use the information I collect online. While no computer system is completely secure, I believe the measures I have implemented reduce the likelihood of security problems to a level appropriate to the type of data involved.

Storage of Information:

Personal information you share with me is stored on cloud based servers (in whatever country they may be located), or hosted by third parties who have entered into agreements with me that require them to observe the Privacy Policy. I shall not be held liable for any security breach of information stored by third party agencies that we have contracted to hold information.

POLICY CHANGE:

If I alter this Privacy Policy, any changes will be posted on this page of this Site so that you are always informed of the information I collect about you, how I use it and the circumstances under which we may disclose it.

ACCEPTANCE OF THIS PRIVACY POLICY:

By using this Site you signify your acceptance of this Privacy Policy, and you adhere to the terms and conditions posted on the Site. By submitting your information, you agree that it will be governed by this Privacy Policy.

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